



UNIVERSITÀ degli Studi di CAGLIARI
Dipartimento di Pedagogia, Psicologia, Filosofia
Via Is Mirrionis 1, 09123 Cagliari, Italy

INTERNATIONAL TRAINING COURSE

Children's Feeding and Eating Disorders: Parent-Infant/Toddlers Feeding Scale Training

Venue: Department of Education, Psychology, Philosophy of the University of Cagliari Via Is Mirrionis 1, 09123 Cagliari, Italy

Time: July 18th – July 20th 2019 (Thursday/Friday 09.00-18.00; Saturday: 09.00-16.00)

Certified Trainers: Prof. Irene Chatoor, Prof. Loredana Lucarelli

Tutors: Dr. Laura Vismara, Dr. Cristina Sechi

Maximum number of participants:10

Training Fee (reliability included): Euro 350

PRESENTATION

The *Feeding Scale-Observational Scale for Mother-Infant Interaction during feeding* is aimed to assess the caregiver-child interactional dynamics in the context of feeding. It has been created and published in 1998 by Irene Chatoor, Professor of Psychiatry and Pediatrics, The George Washington University and Children's National Medical Center, Washington D.C., USA. The Italian version (2002, 2006) has been validated by the research team coordinated by prof. Massimo Ammaniti and Prof. Loredana Lucarelli, with the approval of Prof. Irene Chatoor.

The *Feeding Scale* is both a research and a clinical tool aimed to support parenting and infants' mental health in the perspective of preventive interventions. Indeed, the Scale allows to identify dysfunctional feeding patterns of the infant as well as the presence of relational risks within the infant-parent dyad, that may lead to the diagnosis of feeding disorders in the first three years of age.

EVENT DETAIL

The training on the *Feeding Scale* coding system will be held from July 18th to July 20th 2019 at the Department of Education, Psychology, Philosophy of the University of Cagliari. A following step will include the evaluation of the trainees' *reliability* with expert coders.

In the first part of the course Theoretical and clinical models of feeding disorders in infancy will be described according to the more recent diagnostic classifications (CD: 0-3R, National Center for Infant Clinical Program, ZERO-TO-THREE, 2005, DSM-5, APA, 2013), within a psychodynamic framework for development and early relations that may enlighten the risks for such disorders. **In the second part of the course** the psychometric properties of the scale will be presented. The coding system will be applied to the analysis of feeding interactions within mother/typically developing infants dyads as well as in the context of specific sub-categories for Feeding disorders during the first three years of age (Feeding Disorder of State Regulation; Feeding Disorder of Caregiver-Infant Reciprocity; Infantile anorexia; Sensory Food Aversions in Infants and Toddlers; Feeding disorder associated with a concurrent medical condition; Post- traumatic feeding disorder.). Treatment guidelines for feeding disorders in infancy and toddlerhood and for parent-infant interventions in such clinical context will also be provided. **Reliability:** The *training* includes the

application of the tool and the evaluation of the trainees' reliability in the *Feeding Scale* coding system on behalf of expert coders.

Participants:

The course is addressed to psychologists, psychotherapists, child psychiatrists, pediatricians, nutritionists and rehabilitation therapists that work in the field of feeding disorders in the first years of the child's age within a clinical, preventive and/or research perspective.

Information and application:

Prof. Loredana Lucarelli - Department of Education, Psychology, Philosophy

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